

PSHE Units of Learning:

Y1/3/5: Happiness, Positivity and Feeling Special; Emotions, Feelings and Friends; Being Safe and Asking for Help.

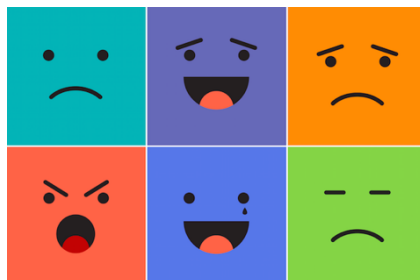
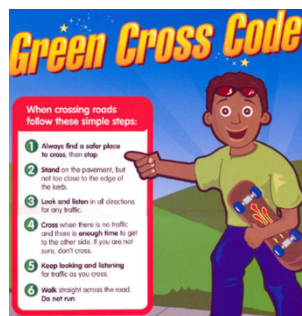
Y2/4/6: Families, Friendships and Relationships.

Key knowledge

Everyone has emotions (e.g. feeling sad, happy, angry, disappointed, proud) and we can learn to control how we respond to these emotions. Families and friends should support each other in managing feelings and emotions.

Bullying is wrong; is ongoing (doesn't just happen once), is deliberate (not an accident), is unfair (the bully is more powerful or stronger)

The Green Cross Code can help us stay safe



Key vocabulary

This is the vocabulary that will help us talk about our learning

emotions	how we feel within ourselves
happiness	a feeling of positivity and joy
special	something or someone who is important
help	when something or someone can support with an activity or a query
relationship	the bond we form with an individual
family	individuals who we are related to
friend	others who we are close to

British Values

- democracy
- the rule of law
- individual liberty
- mutual respect
- tolerance of those of different faiths and beliefs

Take a moment to think about how lucky we are to live in Britain, a country with such strong values.