

PSHE: RELATIONSHIPS

PSHE Units of Learning:

Y1/3/5: Happiness, Positivity and Feeling Special; Emotions, Feelings and Friends; Being Safe and Asking for Help.

Y2/4/6: Families, Friendships and Relationships.

Key knowledge

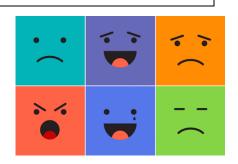
Everyone makes mistakes so forgiveness is important in healthy relationships.

Types of family: nuclear, extended, step, foster, adopted, single-parent.

Relationships can be personal or professional. There are professionals in the community who can help us stay safe.

To contact the emergency service dial 999 ask for police, fire, ambulance or coast-guard and communicate the problem and your location

Knowing simple first-aid can save lives.



Key vocabulary		
This is the vocabulary that will help us talk about our		
learning		
role-model	a person looked to by others as an example to be imitated	
biological	related by blood and genetics	
non-biological	not related by blood and genetics	
forgive	let go of past grudges or lingering anger against a person or persons	
forgiveness	the action or process of forgiving or being forgiven	
emergency service	police, fire, ambulance or coast-guard	
first-aid	the assistance given to a person suffering a sudden illness or injury until full medical treatment is available	

