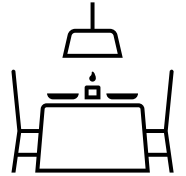


Why are symbols and artefacts important to some Jewish families during shabbat?



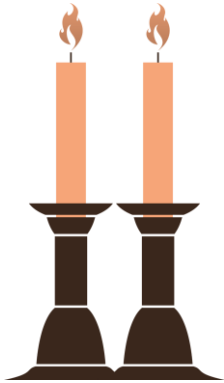
Shabbat is a day of rest when Jewish families spend time together. Jewish people rest like God did in the story of creation.

## Getting ready for Shabbat



## Bringing in Shabbat

Shabbat begins at sundown on Friday evening.



Light two

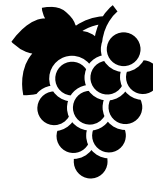
Shabbat Candles



Blessings



Wine or grape juice  
in a Kiddush cup



Two challah  
loaves

## Saying goodbye to Shabbat

Shabbat ends at nightfall on Saturday.

Havdalah candle

Spice box

