



21st May 2026

Headteacher Mrs Emma Bamber

Dear Parent/Carer,

We are delighted to be supporting the NSPCC again this year by taking part in **The Childhood Day Mile** this **Childhood Day** on **Friday 5th June 2026**.

Everything the NSPCC does protects children today and prevents abuse tomorrow

The NSPCC needs our support more than ever. By raising money, we can help to fund their vital services like Childline, which is always there for children and young people, whatever their worry.

Our Childhood Day Mile at Oldway

During the Childhood Day Mile, each class will choose how they want to 'move a mile'.

We ask that children come to school **dressed in their PE kits** on this day and if possible, bring a **donation**. Buckets will be on the school gates in the morning.

NSPCC's *Speak out. Stay safe.* programme

As part of our Childhood Day, we are also participating in the **NSPCC's *Speak out. Stay safe. Programme***. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.



www.oldwayschool.co.uk | 01803 557190 | oldwayoffice@rivieraet.co.uk
Oldway Primary School, Higher Polsham Road, Paignton, Devon TQ3 2SY



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<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p>www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p>www.nspcc.org.uk/activities</p>
<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p>www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12’s</p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p>www.childline.org.uk/buddy (5-7)</p> <p>www.childline.org.uk/kids (7-11)</p>
<p>Talk PANTS with your children</p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.</p>	

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact the school if you have any further questions.

Yours sincerely,

Mrs E Bamber



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