

| Service | Details | Area | Contact details |
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| Family hub (Partnership with Torbay council, Action for children and NHS 0-19's service) | Full and comprehensive website of local offer support. Resources for practitioners and full list of available activities and groups that are running across Torbay. This includes baby/toddler groups, feeding and nurture groups, parenting groups (Solihull), Breathing space drop ins, Dads space, SEND support and much more. | Torbay | What's on - Family Hub |
| Youth mental health Foundation | Mental health support group for parents of children aged 8-17 who are struggling with their mental health, emotions and/or behaviour. | Torbay | Power2Parent group flyers |
| Togetherness - bringin the Solihull Approach to the world | Several free online parenting courses. Can be taken at carers pace. Code to access is TAMAR | Online | https://togetherness.co.uk/pathway-library/ |
| Kids matter | 6-week course which equips mums, dads and carers with the tools (confidence, competence and community) they need to build strong relationships and strong families and reduce the impact of poverty on their children. | Brixham Baptist church | Brixham Baptist Church : Kids Matter |
| PEGS, Parental Education Growth Support (Child to parent abuse) | Child to parent abuse (CPA): Supporting parents and professionals. Virtual workshops, webinars, EPIC program, Bounce back, step forward, Virtual drop in's, peer support group, 1:1 support | Online | Child to parent abuse Parental Education Growth Support (PEGS) |
| Barnados | DICE 4 week parenting program for parents of 'at risk' children. To support with knowledge and strategies that will enable them to have a greater understanding, be more tolerant and nurturing to their child at risk. | Online | Dice Programme Barnardo's |
| Homestart | Parent support volunteers - Every Home-Start volunteer is trained to work alongside you to overcome the challenges you are facing. We work with you to build on your strengths and give you the support that you tell us that you need. Will only work with low level cases. | South west | Home-Start charity: About Us |

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| Family Lives | Live chat, helpline and online courses and videos covering lots of topics around family life. Lots of different free parenting courses including co-parenting, parenting teens and challenging behaviour | Online | Free online parenting classes Family Lives |
| FamilyLine | If you're feeling overwhelmed, worried or upset about any aspect of your family life, whether here in the present or something from your past, FamilyLine is here for you. We offer free emotional support, information and guidance on family relationships – including siblings – conflict, parenting, caring, financial worries and more. 24/7 crisis line. | Online/helpline | Contact our helpline - Family Action |